

### Donate Money

Donations allow the Family Resource Association to deliver quality, effective services that meet the needs of people in our community.

It has been through the generosity of individuals, businesses, organizations and service clubs that FRA has been able to deliver day-camps for children with special needs, and fund recreation opportunities for youth and mentors.

Please consider FRA if you are looking for a way to make the most out of your charitable donations. Any amount, large or small is very welcome and appreciated. Your donation will go a long way to helping those in the community who need support to move forward in their lives.

To make a donation, please come visit us at 198 Morrison, Parksville, send a cheque to Family Resource Association, P.O. Box 965, 198 Morison Avenue, Parksville, B.C., V9P 2T8 or [Donate Online](#)

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### Donate Time

Although our programs are run by professionals, volunteers play a very important role in our association. We depend on them to help with fundraising, to act as mentors, to run the clothing exchange, to help in the office, and many other tasks. To find out more, [click here](#).